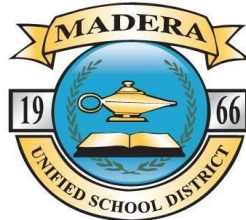


Madera Unified School District Student & Parent/Guardian Athletic Handbook

Revised 2.2022



"Pursuing Victory with Honor"

**California Interscholastic Federation
Central Section Member**

WE BELIEVE
MADERA UNIFIED

Welcome to Madera Unified Athletics

The primary purpose of the athletic program is to promote the physical, mental, social, emotional, and moral well-being of the participants. We desire that athletics will positively prepare youth for an enriching and vital role in American life.

The athletic program is an essential and integral part of the total school program and is open to participation by all students regardless of individual differences. The athlete gives time, energy, and loyalty to the program through voluntary participation. They also accept the training, rules, regulations, and responsibilities unique to an athletic program.

To contribute to the group's welfare and meet the goals and objectives set for each sport, the athlete must willingly assume these obligations as the role demands and keep in mind that the athlete must make sacrifices not required of others.

Forward

This material is presented to you because your son or daughter has indicated a desire to participate in interscholastic athletics, and you have expressed your willingness to permit him/her to compete. Your family's interest in this phase of our school program is gratifying. We believe that participation in sports provides a wealth of opportunities and experiences, which assist students in positive personal adjustments.

It is the right of the Department of Athletics to make rules that govern the spirit of competition for the community. These rules need a broad basis of community support, which is achieved only through communication with the parent. We hope to accomplish this objective through this athletic handbook for the student and parent.

School site administrators are authorized to disallow students' participation in extra-curricular activities to ensure appropriate conduct that conforms to applicable state laws and school rules governing student behavior. (BP & AR 5144, BP & AR 5144.1, EC 48900)

On the one hand, loss of extra-curricular privileges may occur without the imposition of suspension and/or expulsion. On the other hand, whenever students are suspended and/or expelled, loss of extra-curricular privileges are, at a minimum, concurrent; but may be extended beyond the time a student is suspended and/or expelled.

The district schools are authorized to adopt additional guidelines and standards concerning the loss of extra-curricular activities.

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California Interscholastic Federation

The MUSD Board maintains membership in the California Interscholastic Federation. It requires that interscholastic athletic activities be conducted according to CIF rules, regulations, and policies, except as the Board may direct otherwise.

VISION STATEMENT

Athletic competition is an integral part of the educational experience. CIF is uniquely positioned to foster student growth in values and ethics. CIF's ideal of "Pursuing Victory with Honor" provides the opportunity to influence the athletic community's actions dramatically. CIF strives to strengthen the integrity of students and adults across the state by promoting the concepts of sportsmanship, honesty, and quality academics. These priorities advance the highest principles of character:

- Trustworthiness
- Respect
- Responsibility
- Fairness
- Caring
- Good Citizenship

MISSION STATEMENT

The CIF governs interscholastic athletics, promoting equity, quality, character, and academic development.

- **Equity**
 - Equal opportunity without regard to race, gender, and ethnicity within all aspects of the athletic program for students, personnel, schools, and governance.
- **Quality**
 - Training, education, and commitment of coaches, officials, administrators, and parents to improve the quality of athletic programs.
- **Character**
 - Trustworthiness, respect, responsibility, fairness, caring, and good citizenship.
- **Academic Development**
 - Commitment to encourage academic growth is a high priority.

Agreement for Student-Athlete and Parent/Guardian Regarding Use of Steroids CIF Bylaws 200.D & 524 Acknowledgements

As a condition of membership in the California Interscholastic Federation (CIF) and in accordance with Education Code 49030, the Governing Board of the Madera Unified School District has adopted Board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids as specified below. CIF bylaw 524 requires all participating students and their parents/guardians to sign this agreement.

By signing the MUSD Conditions of Participation, we, both the participating student-athlete and the parents, legal guardian/caregiver, hereby agree that the student shall not use androgenic/anabolic steroids or any dietary supplement banned by the U.S. Anti-Doping Agency as well as the substance Synephrine, without a written prescription from a licensed health care practitioner to treat a medical condition.

We recognize that under CIF Bylaw 200.D. the student may be subject to penalties, including ineligibility for any CIF competition if the student or their parent/guardian provides false or fraudulent information.

We understand that the student's violation of the district's policy regarding steroids (or any illegal drugs) may result in discipline against them, including, but not limited to, restriction from athletics, suspension, or expulsion from school.

Drugs, Alcohol, & Tobacco

A period of at least 45 days of loss of extra-curricular activities is mandated for violation of Board Policy 5131.6 ("drugs"). It is advisable for any violation of Education Code Sections 48900 (a) through (e). A pupil may be suspended or expelled for acts that are enumerated in this section and related to school activity or attendance that occur at any time, including, but not limited to, any of the following

1. While on school grounds (any school)
2. While going to or coming from school.
3. During the lunch period, whether on or off the campus.
4. During, or while going to or coming from, a school-sponsored activity.

If a student-athlete uses, sells, distributes, or has illegal drugs, alcohol, tobacco products, or steroids during the season of sport:

First Violation:

- The student-athlete will be suspended: please refer to the Board Policy Code of Conduct, losing all rights and privileges, including awards and post-season recognition.
- It is strongly recommended the student-athlete participate in a school-approved drug-counseling program.
- Any student-athlete in a leadership position will lose their title and responsibilities.
- Selling or distributing illegal drugs, including steroids, will result in a recommendation for expulsion.

Athletic Eligibility

Academic Requirements

To encourage and support academic excellence, the Board requires students in grades 7 through 12 to earn a minimum 2.0 or "C" grade point average on a 4.0 scale to participate in extra-curricular activities.

The Board desires to balance the academic needs of students with the benefits they receive from participating in school activities. In implementing this policy, the Superintendent or designee shall help ineligible students regain eligibility.

The Superintendent or designee may revoke a student's eligibility or participation in extra-curricular activities when a student's poor citizenship is severe enough to warrant the loss of this privilege.

	<u>Middle Schools</u>	<u>High Schools</u>																
Class Schedule		20 Semester Units (4 Classes)																
Grade Point Average	2.0 from the preceding quarter	2.0 for 20 or more units from the preceding quarter.																
Attendance	4 periods of attendance on the day of participation.	4 periods of attendance on the day of participation.																
Must be on track to be promoted		Must be on track to graduate.																
Graduation Progress		<table border="1"> <thead> <tr> <th><u>Semester</u></th> <th><u>Credits</u></th> </tr> </thead> <tbody> <tr> <td>1st</td> <td>20</td> </tr> <tr> <td>2nd</td> <td>50</td> </tr> <tr> <td>3rd</td> <td>80</td> </tr> <tr> <td>4th</td> <td>110</td> </tr> <tr> <td>5th</td> <td>140</td> </tr> <tr> <td>6th</td> <td>170</td> </tr> <tr> <td>7th</td> <td>200</td> </tr> </tbody> </table>	<u>Semester</u>	<u>Credits</u>	1 st	20	2 nd	50	3 rd	80	4 th	110	5 th	140	6 th	170	7 th	200
<u>Semester</u>	<u>Credits</u>																	
1 st	20																	
2 nd	50																	
3 rd	80																	
4 th	110																	
5 th	140																	
6 th	170																	
7 th	200																	
	<u>Middle Schools</u>	<u>High Schools</u>																
Initial Eligibility	All entering 7 th Grade Students are eligible for the 1 Quarter	Incoming 9 th Grade Students are eligible upon entrance to high school. If they were below a 2.0 in 8 th grade, they would enter on probation.																
Transfer Eligibility	The transfer must meet academic eligibility requirements.	Transfers must complete a CIF 510 form for the determination of eligibility and speak with Athletic Director.																

Probationary Periods

Middle School

The Administration / Athletic Director may authorize probation of one quarter. Students granted probationary eligibility must meet the required standards by the end of the probationary period to remain eligible for participation in extra-curricular activities. Eligibility is effective the 2nd Monday following the end of the grading period.

High School

The Superintendent or designee may authorize probation of one quarter or less. Students granted probationary eligibility must meet the required standards by the end of the probationary period to remain eligible for participation in extra-curricular activities.

Eligibility is effective 10 days following the issuing of new grades.

Ex.: Last day of the semester is Dec. 16. Eligibility is Jan. 1.

Participation

Athletic Clearance

Every student who participates in a sport must have medical clearance, a completed physical form, and other documents to participate. Physical Forms are available online or in the Athletics Office & through Home Campus. Link: [Home Campus](#)

Activity Attendance

Athletes are required to attend all team practices, games, and other activities associated with being a member of a team unless excused by the coach. The athlete is responsible for contacting the coach or athletic director if necessary to miss a scheduled event.

Statewide Sportsmanship and Ejection Policy

Player:

A player who is ejected from a contest (for reasons other than fighting or leaving the bench area during a fight) shall be ineligible to participate in the remainder of that contest (event) and their team's future contest (s) as outlined below.

First Ejection: The player is ineligible to participate in the team's next contest. The player may remain on the bench for the duration of that contest and maybe on the bench in street clothes for the team's next contest. If the ejection occurs in the last game of the season, the player would be ineligible for the team's first contest the following season. If the player were a senior, they would be ineligible for the first contest of their next sports season.

Second Ejection: The player is ineligible to participate in the team's next three (3) contests. The player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's next three (3) contests. If the season concludes prior to the player serving the three (3) contests suspension, they would be ineligible for the number of contests remaining on the suspension for the team's following season. If the player were a senior, they would be ineligible for the number of contests remaining on the suspension for their next season of sport.

Third Ejection: The player is ineligible to participate for the remainder of that season. The player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's remaining contest that season. If there were six (6) or fewer contests remaining in the season, the player would be ineligible for up to six (6) contests for the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter. If the player were a senior, they would be ineligible for up to six (6) contests for the next season of sport as determined by the CIF Section Commissioner with jurisdiction in the matter.

A player who is ejected from a contest for fighting or leaving the bench area during a fight shall be ineligible to participate in the remainder of that contest and their team's future contests as outlined below:

First Ejection: Player (Fighting/Assaultive Behavior/Gross Unsportsmanlike Conduct) is ineligible to participate in the team's next three (3) to six (6) contests as determined by the CIF Section Commissioner with jurisdiction in the matter. The player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the duration of the suspension. If the season concludes prior to the player serving the entire suspension, they would be ineligible for the number of contests remaining on the suspension for the teams following season. If the player were a senior, they would be ineligible for the number of contests remaining on the suspension for their next season of sport. *NFHS Rules indicate automatic one-game suspension for leaving the bench.

Second Ejection: The player is ineligible to participate for the remainder of that season. The player may remain on the bench for the duration of that contest and may be on the bench in street clothes for the team's remaining contests that season. If there were six (6) or fewer contests remaining in the season, the player would be ineligible for up to six (6) contests for the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter. If the player were a senior, they would be ineligible for up to six (6) contests for their next season of sport as determined by the CIF Section Commissioner with jurisdiction in the matter.

Before a player may return to participate in a contest following a multiple game suspension for any of the above infractions, the school principal must inform the CIF Section Commissioner with jurisdiction in the matter that they have met with the student-athlete, their parent/guardian/caregiver and coach to discuss future behavioral expectations.

Appeal Process for All Multi-Game Ejections

The school principal may appeal the penalties listed above in writing to the League Commissioner/ President (for a regular-season contest not including the final contest prior to Section playoffs) or CIF Section Commissioner with jurisdiction in the matter (for the final contest prior to Section playoffs and all playoff contests). The Section must receive the appeal within 48 hours of the ejection date. Reasons for the appeal may only include misidentification of the ejected player or misapplication of the rule. There will be no appeal regarding the judgment of an official.

Note: There is no appeal process for single-game ejections.

Coach:

A coach who is ejected from a contest (for reasons other than fighting) shall be disqualified from participating in the remainder of that contest and their team's future contest (s) as outlined below:

First Ejection: The coach is disqualified from participating in the team's next contest. The coach must immediately vacate the playing area and the vicinity in and around the contest and refrain from communicating with the team or other coaches for the remainder of that contest and the team's next contest. If the ejection occurs in the last game of the season, the coach would be ineligible for the team's first contest the following season.

Second Ejection: The coach is disqualified from participating in the team's next three (3) to six (6) contests as determined by the CIF Section Commissioner with jurisdiction in the matter. The coach must immediately vacate the playing area and the vicinity in and around the contest and refrain from communicating with the team or other coaches for the remainder of that contest and the team's next three (3) to six (6) contests. If the ejection occurs in the last game of the season, the coach would be ineligible for the team's first three (3) to six (6) contests the following season.

Third Ejection: The coach is disqualified from participating in the remaining contests of that season. The coach must immediately vacate the playing area and the vicinity in and around the contest and refrain from communicating with the team or other coaches for the remainder of that contest and for the remaining contests of that season. If there were six (6) or fewer contests remaining in the season, the coach would be disqualified from participating in up to six (6) contests for the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter.

A coach who is ejected from a contest for (Fighting/Assaultive Behavior/Gross Unsportsmanlike Conduct) shall be disqualified from participating in the remainder of that contest and their team's future contests.

Ejection for (Fighting/Assaultive Behavior/Gross Unsportsmanlike Conduct): The coach is disqualified from participating for the remainder of that season. The coach must immediately vacate the playing area and the vicinity in and around the contest and refrain from communicating with the team or other coaches for the remainder of that contest and all of the team's remaining contests that season. If there were fewer than six (6) contests remaining in the season, the coach would be disqualified from participating in up to six (6) contests for the team's following season as determined by the CIF Section Commissioner with jurisdiction in the matter.

Before a coach may return to participate in a contest following a multiple contest disqualification, the school principal must inform the CIF Section Commissioner with jurisdiction in the matter that they have met with the coach for any of the above infractions discussed future behavioral expectations.

Appeal Process for All Multi-Game Ejections

The school principal may appeal the penalties listed above in writing to the League Commissioner/ President (for a regular-season contest not including the final contest prior to Section playoffs) or CIF Section Commissioner with jurisdiction in the matter (for the final contest prior to Section playoffs and all playoff contests). The Section must receive the appeal within 48 hours of the ejection date. Reasons for the appeal may only include misidentification of the ejected player or misapplication of the rule. There will be no appeal regarding the judgment of an official.

Note: There is no appeal process for single-game ejections.

Spectator:

If a spectator is ejected from a contest, the school's responsibility is to ensure that person does not attend that team's next contest. If the same spectator is ejected a second time, it is the school's responsibility to ensure that person does not attend any of the remaining contests for that season.

Enforcement See Bylaw 503. M. and Article 22.C.(1)(2)(3)(4)

The Executive Director and/or Executive Committee or Section Commissioner and/or Section Board of Managers shall have the power to suspend, fine, or otherwise penalize any member school for violating any CIF or Section rules and regulations or for just cause. The period of suspension or other penalties shall be left to the discretion of the CIF governing body that has jurisdiction over the matter where the penalty is not fixed.

CIF Ethics in Sports Policy Statement

The CIF, Central Section is committed to the exhibition of sportsmanlike and ethical behaviors in and around all athletic contests. All contests must be safe, courteous, fair, controlled, and orderly for all athletes and fans alike.

The CIF intends that violence, in any form, is not to be tolerated. To enforce this policy, the Central Section has established rules and regulations that set forth the manner of enforcing this policy and the penalties incurred when a policy violation occurs. The rules and regulations shall focus upon the responsibility of the coach to teach and demand high standards of conduct and enforce the rules and regulations set forth by CIF.

The Central Section requires the following Code of Ethics be issued each year and requires signing by student-athletes, parent /guardians, and coaches before participation as a guide to governing their behavior.

Code of Ethics

- To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
- To eliminate all possibilities which tend to destroy the best values of the game.
- To stress the values derived from playing the game fairly.
- To show cordial courtesy to visiting teams and officials.
- To establish a happy relationship between visitors and host.
- To respect the integrity and judgment of sports officials.
- To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
- To encourage leadership, use of initiative, and sound judgment by the players on a team.
- To recognize that athletics aims to promote the individual players' physical, mental, moral, social, and emotional well-being.
- Remember that an athletic contest is only a game, not a matter of life and death for player, coach, school, official, fan, or nation.



CIF Concussion Information Sheet

Why am I getting this information sheet?

You are receiving this information sheet about concussions because of California state law AB 25 (effective January 1, 2012), now Education Code § 49475:

1. *The law requires a student athlete who may have a concussion during a practice or game to be removed from the activity for the remainder of the day.*
2. *Any athlete removed for this reason must receive a written note from a medical doctor trained in the management of concussion before returning to practice.*
3. *Before an athlete can start the season and begin practice in a sport, a concussion information sheet must be signed and returned to the school by the athlete and the parent or guardian.*

Every 2 years all coaches are required to receive training about concussions (AB 1451), as well as certification in First Aid training, CPR, and AEDs (life-saving electrical devices that can be used during CPR).

What is a concussion and how would I recognize one?

A concussion is a kind of brain injury. It can be caused by a bump or hit to the head, or by a blow to another part of the body with the force that shakes the head. Concussions can appear in any sport, and can look differently in each person.

Most concussions get better with rest and over 90% of athletes fully recover. However, all concussions should be considered serious. If not recognized and managed the right way, they may result in problems including brain damage and even death.

Most concussions occur without being knocked out. Signs and symptoms of concussion (see back of this page) may show up right after the injury or can take hours to appear. If your child reports any symptoms of concussion or if you notice some symptoms and signs, seek medical evaluation from your team's athletic trainer and a medical doctor trained in the evaluation and management of concussion. If your child is vomiting, has a severe headache, or is having difficulty staying awake or answering simple questions, call 911 to take him or her immediately to the emergency department of your local hospital.

On the CIF website is a **Graded Concussion Symptom Checklist**. If your child fills this out after having had a concussion, it helps the doctor, athletic trainer or coach understand how he or she is feeling and hopefully shows improvement. We ask that you have your child fill out the checklist at the start of the season even before a concussion has occurred so that we can understand if some symptoms such as headache might be a part of his or her everyday life. We call this a "baseline" so that we know what symptoms are normal and common for your child. Keep a copy for your records, and turn in the original. If a concussion occurs, he or she should fill out this checklist daily. This Graded Symptom Checklist provides a list of symptoms to compare over time to make sure the athlete is recovering from the concussion.

What can happen if my child keeps playing with concussion symptoms or returns too soon after getting a concussion?

Athletes with the signs and symptoms of concussion should be removed from play immediately. There is NO same day return to play for a youth with a suspected concussion. Youth athletes may take more time to recover from concussion and are more prone to long-term serious problems from a concussion.

Even though a traditional brain scan (e.g., MRI or CT) may be "normal", the brain has still been injured. Animal and human research studies show that a second blow before the brain has recovered can result in serious damage to the brain. If your athlete suffers another concussion before completely recovering from the first one, this can lead to prolonged recovery (weeks to months), or even to severe brain swelling (Second Impact Syndrome) with devastating consequences.

There is an increasing concern that head impact exposure and recurrent concussions may contribute to long-term neurological problems. One goal of this concussion program is to prevent a too early return to play so that serious brain damage can be prevented.

Signs observed by teammates, parents and coaches include:	
<ul style="list-style-type: none"> • Looks dizzy • Looks spaced out • Confused about plays • Forgets plays • Is unsure of game, score, or opponent • Moves clumsily or awkwardly • Answers questions slowly 	<ul style="list-style-type: none"> • Slurred speech • Shows a change in personality or way of acting • Can't recall events before or after the injury • Seizures or has a fit • Any change in typical behavior or personality • Passes out

Symptoms may include one or more of the following:	
<ul style="list-style-type: none"> • Headaches • "Pressure in head" • Nausea or throws up • Neck pain • Has trouble standing or walking • Blurred, double, or fuzzy vision • Bothered by light or noise • Feeling sluggish or slowed down • Feeling foggy or groggy • Drowsiness • Change in sleep patterns 	<ul style="list-style-type: none"> • Loss of memory • "Don't feel right" • Tired or low energy • Sadness • Nervousness or feeling on edge • Irritability • More emotional • Confused • Concentration or memory problems • Repeating the same question/comment

What is Return to Learn?

Following a concussion, student athletes may have difficulties with short- and long-term memory, concentration and organization. They will require rest while recovering from injury (e.g., avoid reading, texting, video games, loud movies), and may even need to stay home from school for a few days. As they return to school, the schedule might need to start with a few classes or a half-day depending on how they feel. If recovery from a concussion is taking longer than expected, they may also benefit from a reduced class schedule and/or limited homework; a formal school assessment may also be necessary. Your school or doctor can help suggest and make these changes. Student athletes should complete the Return to Learn guidelines and return to complete school before beginning any sports or physical activities, unless your doctor makes other recommendations. Go to the CIF website (cifstate.org) for more information on Return to Learn.

How is Return to Play (RTP) determined?

Concussion symptoms should be completely gone before returning to competition. A RTP progression involves a gradual, step-wise increase in physical effort, sports-specific activities and the risk for contact. If symptoms occur with activity, the progression should be stopped. If there are no symptoms the next day, exercise can be restarted at the previous stage.

RTP after concussion should occur only with medical clearance from a medical doctor trained in the evaluation and management of concussions, and a step-wise progression program monitored by an athletic trainer, coach, or other identified school administrator. Please see cifstate.org for a graduated return to play plan. [AB 2127, a California state law effective 1/1/15, states that return to play (i.e., full competition) must be **no sooner** than 7 days after the concussion diagnosis has been made by a physician.]

Final Thoughts for Parents and Guardians:

It is well known that high school athletes will often not talk about signs of concussions, which is why this information sheet is so important to review with them. Teach your child to tell the coaching staff if he or she experiences such symptoms, or if he or she suspects that a teammate has had a concussion. You should also feel comfortable talking to the coaches or athletic trainer about possible concussion signs and symptoms that you may be seeing in your child.

References:

- American Medical Society for Sports Medicine position statement: concussion in sport (2013)
- Consensus statement on concussion in sport: the 4th International Conference on Concussion in Sport held in Zurich, November 2012
- <http://www.cdc.gov/concussion/HeadsUp/youth.html>

Participation in Interscholastic Athletic Programs

School Attendance Boundaries and Attendance Options

Board Policy 5116: Transfer Eligibility for Interscholastic Athletic Program

A student in 7th grade or above who enrolls in a District school that is outside of the student's residential boundary school pursuant to a Board-authorized "open enrollment," "Professional courtesy," or "intra-district transfer," is ineligible for interscholastic athletic competition for one year (365 days) from the date of first attendance at the student's new school. This interscholastic ineligibility applies to our K-8 elementary school prior into the 9th grade.

AR 5116: School Attendance Boundaries and Attendance Options

Because the Governing Board disapproves efforts by coaches to recruit students to enroll in a Career School of Special Interest whenever the primary motive is to represent the school on any sports team, the Governing Board requires that students be notified that they will be subject to CIF restrictions to their eligibility to participate in varsity athletics, if students voluntarily or involuntarily return to their school of normal attendance.

Applicable CIF restrictions include the following:

1. Students who participate on varsity athletic teams at the high school that is not of their normal attendance will lose 365 days of athletic eligibility upon return to the high school.
2. Students who participate on junior varsity athletic teams at the high school that is not of their normal attendance may only participate on junior varsity teams upon return to the high school.
3. Students who participate on freshman athletic teams at the high school that are not of their normal attendance may only participate on junior varsity teams of the high school.
4. Students must also meet all athletic eligibility requirements of the school of their normal attendance.

Transfer Eligibility for Interscholastic Athletic Program

A student in 7th grade or above who enrolls in a District school that is outside of the student's residential boundary school pursuant to a Board-authorized "open enrollment," "Professional courtesy," or "intra-district transfer," is ineligible for interscholastic athletic competition for one year (365 days) from the date of first attendance at the student's new school. This interscholastic ineligibility applies to our K-8 elementary school prior into the 9th grade.

Example: If a student lives in District School A's attendance area, the student may be granted eligibility for participation in School A's interscholastic sports. If the same student desires to attend District school B, outside their attendance area, and a legitimate transfer is approved for said student to attend District School B, then said student would be ineligible for participation in School B's interscholastic sports for 365 days from the date of first attendance at School B.

Secondary Continuity: The following guidelines apply to a secondary student who is allowed to continue to attend the same high school in which they first enrolled despite a legitimate, subsequent change of residence within the district.

1. If at any time a family changes residence subsequent to the student's initial enrollment and the move causes the student to live within an attendance area served by another secondary school, the student shall have the option of remaining at their school of initial enrollment or of attending the "new" school, that is, the school which serves the attendance area in which the student now lives. If the student chooses to attend their new school of residence, their transfer is legitimate. Still, the student will be ineligible for athletic competition for 365 days from the date of transfer.
2. Exercising the option of enrolling in a "new" school of residence pursuant to the preceding guideline automatically revokes the student's option of remaining at the school where they initially enrolled. Under such circumstances, the student shall permanently lose the chance of staying at their school of initial enrollment.
3. If a student exercises an option of attending a school other than the school in which the student initially enrolled and does so pursuant to another Board authorized mode of legitimate transfer including, but not limited to an "open enrollment" or "career school of special interest," the student thereby irrevocably loses their right to remain in their school of initial enrollment. Such a transfer will also cause the student to be ineligible for athletic competition. According to CIF rules and regulations, the student will be excluded from athletic competition for one year.

Also, refer to CIF Bylaw 510: UNDUE INFLUENCE, PRE-ENROLLMENT CONTACT, DISCLOSING PRE-ENROLLMENT CONTACT, and ATHLETICALLY MOTIVATED TRANSFERS.

Code of Conduct for Student Participants in Extra-curricular Activities

We believe that extra-curricular activities, including athletics, should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other essential life skills. We also believe that the highest potential of activities is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"). This Code applies to all students involved in extra-curricular activities, including athletics.

TRUSTWORTHINESS

- **Trustworthiness:** be worthy of trust in all you do.
- **Integrity:** live up to high ideals of ethics and sportsmanship and continuously pursue victory with honor; do what is right even when it is unpopular or personally costly.
- **Honesty:** live and compete honorably; do not lie, cheat, steal, **violate the community's laws**, or engage in any other dishonest or unsportsmanlike conduct.
- **Reliability:** fulfill commitments; do what you say you will do; be on time to practices and events.
- **Loyalty:** be loyal to your school and team; put the team above personal glory.

RESPECT

- **Respect:** treat all people **and school or private property** with respect at all times and require the same of fellow students.
- **Class:** live and play with class, be a good sport, be gracious in victory and accept defeat with dignity, help up fallen opponents, compliment extraordinary performance, and show sincere respect in pre-and post-event/game rituals.
- **Disrespectful Conduct:** don't engage in disrespectful conduct of any sort, including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, **hate-motivated behavior, vandalism of property, boastful celebrations, gang-related activity, sexual harassment, threat or intimidation of a student or group of students, hazing of any student** or other actions that demean individuals or the activity.
- **Respect Officials/Supervisors:** treat contest officials with respect; do not complain about or argue with official calls or decisions during or after an athletic event. **Treat supervisors with respect at all times.**

RESPONSIBILITY

- **Importance of Education:** be a student first and commit to **attending school regularly without truancy problems**, earning your degree, and getting the best education you can. Be honest with yourself about the likelihood of getting an athletic scholarship or playing on a professional level. Remember that many universities will not recruit students who do not have a serious commitment to their education, the ability to succeed academically, or the character to represent their institution honorably.
- **Role Modeling:** remember, participation in an extra-curricular activity, including a sport, is a privilege, not a right, and you are expected to represent your school, coach/advisor, and teammates with honor, on and off the field. Consistently exhibit good character and conduct yourself as a positive role model.
- **Self-Control:** exercise self-control; do not fight or show excessive displays of anger, frustration and **do not possess any weapon or use of a weapon**; have the strength to overcome the temptation to retaliate.
- **Healthy Lifestyle:** safeguard your health; do not use illegal or unhealthy substances, including alcohol, tobacco, and drugs; **do not sell or furnish any controlled substance** or engage in any harmful techniques to gain, lose or maintain weight.
- **The Integrity of the Game:** protect the integrity of the game; do not gamble or associate with or deal with professional gamblers.
- **Sexual Conduct:** sexual or romantic contact between students and coaches/advisors is improper and strictly forbidden. Report misconduct to proper authorities. **The possession for the sale of pornographic materials is inappropriate and strictly prohibited.**

FAIRNESS

- **Be Fair**: live up to high standards of fair play; be open-minded; always be willing to listen and learn.

CARING

- **Concern for others**: demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to yourself or others
- **Teammates**: help promote the well-being of teammates by positive counseling and encouragement or by reporting any unhealthy or dangerous conduct to coaches.

CITIZENSHIP

- **Play by the Rules**: maintain a thorough knowledge of and abide by applicable game and competition rules.
- **Spirit of Rules**: honor the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper competitiveness techniques that violate the highest traditions of sportsmanship.
- **Integrity**: refuse any solicitation by a District staff member or any representative of the district's interests to secure enrollment and ultimate participation in the district's programs. Reject any undue influence in the inducement for enrollment, transfer to, or to remain in, the District for purposes of participation in district extra-curricular or athletic programs; refuse any direct or indirect offer of a salary, gratuity, education expenses, excessive or improper expenses, awards, benefits, cash or the equivalent thereof for participation in the District's Programs.

Code of Conduct for the Parents of Students in Extra-curricular/Athletic Programs

We believe that extra-curricular and athletic programs should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other essential life skills. We also believe that the highest potential of activities is achieved when participants are committed to pursuing victory with honor according to six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the "Six Pillars of Character"). This Code applies to the parents of all students involved in extra-curricular activities, including sports.

TRUSTWORTHINESS

- **Trustworthiness**: be worthy of trust in all you do.
- **Integrity**: live up to high ideals of ethics and sportsmanship; do what is right even when it is unpopular or personally costly.
- **Honesty**: live and compete honorably; do not allow your children to lie, cheat, steal or engage in any other dishonest or unsportsmanlike conduct.
- **Reliability**: fulfill commitments; do what you say you will do; when you tell your children you will attend an event, be sure to do so.
- **Loyalty**: be loyal to your school and team; put the team above personal glory.

RESPECT

- **Respect**: treat all people with respect all the time and require the same of students.
- **Class**: live and play with class, be gracious in victory, accept defeat with dignity, compliment extraordinary performance, and show sincere respect for all competitors.
- **Disrespectful conduct**: Do not engage in discourteous behavior of any sort, including profanity, obscene gestures, and offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the activity.
- **Respect Officials**: treat contest officials with respect; do not complain about or argue with official calls or decisions during or after an event.
- **Respect Coaches**: treat coaches with respect at all times; recognize that they have team goals beyond your child's. Do not shout instructions to players from the stands; let the coach's coach.

RESPONSIBILITY

- **Importance of Education**: stress that students are students first. Be honest with your children about the likelihood of getting an athletic/activity-based scholarship or playing on a professional level. Place your children's academic, emotional, physical, and moral well-being above desires and pressures to win.
- **Role Modeling**: Consistently exhibit good character and conduct yourself as a role model for your children.
- **Self-Control**: exercise self-control; do not fight or show excessive anger or frustration; have the strength to overcome the temptation to demean others.
- **The integrity of the game**: protect the integrity of the game; do not gamble on your children's games.
- **Privilege to Compete**: assure that you and your child understand that participation in extra-curricular activities, including sports, is a privilege, not a right, and that they are expected to represent their team, school, and family with honor, on and off the field.

FAIRNESS

- **Be Fair**: treat all competitors fairly; be open-minded; always be willing to listen and learn.

CARING

- **Encouragement**: encourage your children regardless of their play; offer positive reinforcement. Demonstrate sincere interest in your child's play.
- **The concern of others**: demonstrate concern for others; never intentionally injure any player or engage in reckless behavior that might cause injury to yourself or others.
- **Teammates**: help promote the well-being of your child's teammates by encouraging or by reporting unhealthy or dangerous conduct to coaches.

CITIZENSHIP

- **Know the Rules**: maintain a thorough knowledge of all applicable game and competition rules.
- **Integrity**: refuse any solicitation by a district staff member or by a representative of the district's interests to secure the prospect students enrollment and ultimate participation in the district's athletics program; reject any undue influence to induce the student to enroll in, transfer to, or remain in, the school District for athletic purposes; refuse any direct or indirect offer of a salary gratuity, educational expenses, excessive or improper expenses, awards, benefits, cash or the equivalent thereof for the student's participation in the district's programs.

Madera Unified School District Extra-Curricular and Co-Curricular Activities Code of Conduct Matrix

Extra-curricular and Co-Curricular Code of Conduct Violations
Expulsion Privileges cannot be earned back.

Ed Code Violation 48900	1st Violation	2nd Violation	3rd Violation
Expulsion	365 Days of ineligibility from date of violation.	365 Days of ineligibility from date of violation.	365 Days of ineligibility from date of violation.
Suspended Expulsion			
Stipulated Expulsion			

The following durations of ineligibility apply to all calendar weeks between the first and last instructional days of a school year. Weeks of ineligibility un-served as of the last instructional day in June are applied effective the first instructional day in August.

Suspension: Loss of Privileges is aligned to the duration of a suspension order.

Ed Code Violation 48900	1st Violation	2nd Violation	3rd Violation
Found in possession of, furnishing, or use of a controlled substance.	5 school days LOP for each day of suspension	12 weeks LOP for each day of suspension	12 calendar months LOP for each day of suspension
Participates in robbery or extortion.			
Found in possession of a knife or dangerous object.			
Commits a battery.			
Commits an act of vandalism with property damage.			
Commits assault on or threaten school staff.			
Commits assault on or threaten school staff.			
Hazing, intimidation, or harassment.			
Participates in gang-motivated intimidation.			
Participates in hate-motivated behavior (including social media posts).			
Participates in mutual combat.			
Participates in immoral conduct			
Participates in disrespectful conduct			
Possession or use of tobacco or vaping pen.			
Theft	4 calendar weeks of ineligibility	8 calendar months of ineligibility	12 calendar months of ineligibility

Extra-curricular and Co-curricular Code of Ethics

Penal Code Violation	1 st Violation	2 nd Violation	3 rd Violation
Driving under the influence.	6 calendar months of ineligibility	12 calendar months of ineligibility	24 calendar months of ineligibility
A felony violation of law in the community.	6 calendar months of ineligibility	12 calendar months of ineligibility	24 calendar months of ineligibility
A misdemeanor violation of law in the community.	2 calendar weeks of ineligibility	6 calendar weeks of ineligibility	12 calendar weeks of ineligibility
Attendance at a party or activity where alcohol or other controlled substances are illegally used.	4 weeks	8 weeks	12 weeks

Madera Unified School District

Student-Athletes Parent / Coach Communication

We are very pleased that your son/daughter has chosen to participate in the Athletic Programs of the Madera Unified School District. Both parenting and coaching are challenging jobs. By establishing an understanding of each position, we are better able to accept the actions of the other and provide more significant benefits to students.

The communication you should expect from your child's coach

- Philosophy as a coach.
- Expectations the coach has for your child.
- Location and times of all practices and games.
- Team requirements: practices, equipment, off-season training, etc.
- Procedures to follow should your child be injured during participation.
- Participant conduct code and consequences for not following these guidelines.

Communication coaches expect from parents

- Concerns expressed directly to the coach first.
- Specific concerns concerning the child's safety and/or expectations.
- Notification of any illness, injury, or missed practices.

As your child becomes involved in athletic programs, they will experience some of the most rewarding moments of their life. It is also essential to understand that there will be times when things do not go the way you or your child would like. These situations also create opportunities for lifelong learning. At these times, discussion with the coach may be the quickest and most effective way to clear up issues. The fastest way to clear these items up is to follow our 24-hour cooling-off process and an appointment with the coach.

Appropriate Concerns to Discuss with Coaches

- The treatment of your child, mentally and physically.
- Ways to help your child improve.
- Concerns about your child's behavior.

At times, it may not be easy to accept that your child is not playing as much as you or they would like. Coaches make judgment decisions based on what they believe is best for the team and all involved. As you have seen from the list above, certain things can and should be discussed with the coach. We ask that other things, such as those that follow, be left to the coach's discretion.

Coaches' Decisions

- Playing time.
- Team strategy.
- Matters concerning other student-athletes.

If you have a concern to discuss with a coach, please follow the procedure below.

- Have your child talk to the coach 1 on 1. (It is part of growing up.) IF THIS DOES NOT RESOLVE THE PROBLEM
- Call the school and request a return call or meeting with the coach. **PARENTS SHOULD NOT:** Confront the coach before, during, or after practice (Practices and games are highly emotional for everyone involved; players, coaches, and parents. Meeting and concerns DO NOT get resolved during emotional times.)
- If the coach cannot be reached after a reasonable time, call the site Athletic Director. They will arrange an appointment for you.
- Some situations may require a conference between the coach, the athlete, and the parent(s). To resolve the problem, we must have everyone's help and involvement.

Bus Riding Privileges

Any student who violates the bus rules or does not follow instructions from the driver may have their riding privileges suspended or revoked. Authority to suspend or revoke a student's bus riding privileges shall rest with a site administrator. The administrator will notify parents of the students of the suspension and the reasons, therefore. All drivers involved will be advised. When a student is denied bus-riding privileges, this also includes field trips.

General Rules of Behavior for Loading and Unloading

- Stand in an orderly manner.
- Respect private property. (Do not walk on lawns or flower beds or climb on cars and trees).
- No pushing or shoving.
- Always face the bus as it approaches.
- Never run to or from the bus.
- Listen to instructions from the driver.
- Wait entirely off the road for the bus. Stand at a safe distance from the bus as it pulls up to make its stop, and wait until the bus comes to a complete stop and the driver opens the door before walking towards the bus. (Recommended distance 10 feet).
- Watch your step getting on and off the bus, especially in wet weather.
- Always use the handrail.
- The bus driver is in complete charge of the bus and may assign seats as the drivers feel necessary.

While Riding the Bus

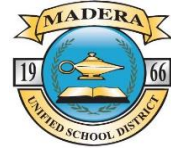
- Pupils should enter the bus in an orderly manner and should not bring aboard items of harmful or objectionable nature. (Animals, glass, etc.)
- Do not get out of your seat while the bus is in motion.
- Remain seated until the bus stops and the driver opens the doors before exiting.
- Keep hands, head, arms, etc., inside the bus at all times.
- No screaming, yelling, or use of profanity on the bus.
- No harassing or fighting on the bus.
- Be courteous to fellow students.
- No smoking on the bus.
- Students are not allowed to make offensive remarks or gestures to pedestrians or motorists.
- The bus aisle shall be kept clear of books, lunches, feet, etc.
- Permission to leave or board the bus other than the regular stops shall be cleared with the Principal or the school office (in advance), and written permission presented to the driver on a school bus pass.
- The request must not require the bus to go off its route or require an additional stop.
- Space must be available on the bus.
- No objects will be thrown in or out of the bus.
- You may not refuse to share a seat with another student.
- Remain in your seat and be quiet at railroad grade crossings.

Parental and Non-Parental Transportation

If a student-athlete is riding home after an athletic event with a parent (s) or another party, they must first have the completed and signed Parental Non Parental transportation paperwork on file with their athletic office. You may access the form on Family ID or your site athletic office. **All students are required to ride the school bus to athletic events.**

MADERA UNIFIED

SOCIAL MEDIA POSITION STATEMENT



Social Media has become engrained in today's society. The wide variety of available social networking tools provides students, teachers, and coaches easy access to share important news and events. Social media technologies such as Twitter, Facebook, Internet forums, weblogs, social blogs, microblogging, Wikis, podcasts, photographs, video rating, social bookmarking, and others have many benefits in our world; however, they can also be disruptive when inappropriate social media postings occur. Inappropriately using these communication tools can have negative consequences, primarily if unkind words or threats are used with intent to hurt others.

MUSD recognizes and supports its student-athletes and coaches' rights to freedom of speech, expression, and association, including the use of social networks. In this context, each student-athlete and coach must remember that participating and competing for the Madera Unified School District is a privilege, not a right. The student-athlete and coach represent their high school, middle school, and the district; therefore, they are expected to portray themselves, their team, and their school in a positive manner at all times. Any online postings must be consistent with federal and state laws and team, school, school division, and MUSD rules and regulations (including those listed below).

Expressly prohibited behaviors include but are not limited to

- Sexually explicit, profane, lewd, indecent, illegal, or defamatory language/actions.
- Derogatory language regarding school personnel or other students.
- Comments designed to harass or bully students and/or school personnel.
- Nude, sexually-oriented, or indecent photos, images, or altered pictures.

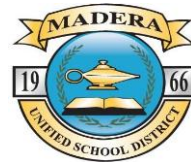
Also prohibited are all on-campus connections to off-campus violations of the policy, such as

- Use of school computers to view off-campus postings.
- Students are accessing posts at school on their own devices.
- Distribution of hard copies of posts on school property.
- Re-communication on the campus of the content of the posts.

Any authorized or unauthorized use in school or out of the school of computer software, computer networks, telecommunications devices, information technology, and related technologies, which disrupts or interferes with the educational process in any manner, is prohibited. It may result in removal from the team or activity and a recommendation for expulsion or termination. One of social networking users' biggest lessons is that anything you post online enters the public record. High school or middle school students and coaches should carefully consider their profiles and ask themselves how they look to a future college admissions officer or potential employer.

Social Media Guidelines for Student-Athletes and Coaches

1. Be careful with how much and what kind of identifying information you post on social networking sites. It is unwise to make available information such as full date of birth, social security number, address, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All of these can facilitate identity theft or stalking. Remember - once posted, the information becomes the property of the website.
2. Be aware that potential current and future employers and college admissions offices often access the information you place on online social networking sites. Realize that any information you post will portray you to prospective employers and/or schools. Protect yourself by maintaining a self-image you can be proud of years from now.
3. Be careful in responding to unsolicited emails asking for passwords or PINs. Reputable businesses do not ask for this information online.
4. Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. **Social networking sites are NOT a place where you can say and do whatever you want without repercussions.**
5. Remember that photos once put on the social network site's server become the site's property. You may delete the photo from your profile, but it still stays on their server. Internet search engines like Google or Yahoo may still find that image long after being deleted from your profile. Think long and hard about what type of photo you want to represent you.



MADERA UNIFIED STUDENT-ATHLETE SOCIAL MEDIA AGREEMENT

PUBLIC ACCESS: I understand that the Coaching Staff may monitor my personal social media pages. I know that I represent the Madera Unified Athletic Program. Pictures of drugs, alcohol, or any illegal substances or activities reflect negatively on the district and its athletic programs and will not be tolerated. I also understand that engaging in social media updates or accessing social media sites from a class or during instructional time will also be unacceptable.

SOCIAL MEDIA: There is a balancing act involved in social media, especially for student-athletes. While we encourage and fully support freedom of speech, expression, and association, we also ask that you be aware of the fact that you are representing yourself, the school district, the athletic department, and our team every time you use social media. The Athletic Department advises student-athletes to exercise extreme caution in their social media application (Facebook, Twitter, Instagram, YouTube, etc.). Always remember that inappropriate postings can follow you for life.

Keep the following in mind before participating on social networking websites.

- Nothing is ever fully private. Even if you are blocked, your followers can make your postings public.
- Once a post or photo is placed online, it is entirely out of your control, regardless of whether you limit access to your page. Someone could have saved it or screenshot it even if you deleted it.
- Do not post inappropriate information that could damage or embarrass individuals, teams, the Athletic Department, Madera Unified, or you.
- Do not allow yourself to be photographed in a compromising situation. Remember that anyone can post a cell phone photo of you and tag or ID you, leaving you with little control or usage of the photograph.

Do not post disrespectful comments or engage in inappropriate behavior such as

- Derogatory or defamatory language about anyone, including coaches, officials, opponents, etc.
- Comments that constitute a credible threat of physical or emotional injury to another person.
- Comments or photos that describe illegal behavior.
- Refrain from affiliating yourself with potentially offensive and/or degrading topics.
- Reposting or retweeting someone else's offensive statement or joke may be attributed to you.
- Comments that disclose confidential, sensitive, or private information include athlete injuries, rosters, playbooks, game plans, officiating, etc.

I have read the above and understand that failure to follow the program agreement may result in suspension or dismissal from any Madera Unified Athletic Program.

Student-Athlete:

Print Name: _____ Date: _____

Sign Name: _____ Date: _____

As a Head Coach, I have thoroughly reviewed the social media agreement and answered any student-athlete question.

Coach:

Print Name: _____ Date: _____

Sign Name: _____ Date: _____

Madera Unified School District

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